

CAPITAL CITY SENIOR GAMES

2023 RESULTS - CYCLING 10K

CYCLING 10K - WOMEN

First Name	Last Name	Age Division	Time	Place
Holly	Snyder	50-54	19:51	1
Virginia	Howe	60-64	17:24	1
Gretchen	DeYoung	60-64	22:01	2
Mary Jane	Tappen	65-69	18:22	1
Mary	Spector	65-69	22:00	2
Betty	Dewar	65-69	23:20	3
Jeanne	O'Kon	70-74	29:40	1

CYCLING 10K - MEN

Ace	Haddock	50-54	17:07	1
Ryan	Burk	50-54	19:37	2
Mark	O'Neill	60-64	18:46	1
David	Howe	65-69	16:58	1
Randall	Smith	65-69	16:59	2
Mark	Stern	65-69	17:00	3
William	Dewar	65-69	23:19	4
Michael	Bell	65-69	25:49	5
Malcolm	Marsh	70-74	18:07	1
Randall	Holcombe	70-74	19:51	2
David	Rehrig	70-74	22:37	3

First Name	Last Name	Age Division	Time	Place
Daniel	Oberlin	75-79	17:52	1
James	Kimbrel	75-79	22:49	2
First Name	Last Name	Age Division	Time	Place
CHARLES	BALDWYN	80-84	20:03	1
Gerald	Posey	80-84	23:56	2
First Name	Last Name	Age Division	Time	Place
David	Watts	85-89	20:13	1

CYCLING 10K RECUMBENT - MEN

First Name	Last Name	Age Division	Time	Place
Michael	Gladwin	70-74	23:05	1